



Year R Learning Journey

Week beginning 22nd March



This week our topic will be 'Keeping healthy'



We will be learning about ourselves and how to keep healthy. We will be discussing the importance of healthy diet, exercising, having enough sleep, keeping clean and always feeling positive. We are also going to make fruit kebabs and write about it! In maths we will be learning how to share an amount of objects equally.

Sounds of the week:

ow oi

Words of this week:

like went put

Please remember:

* Please remember to label EVERYTHING; particularly school sweatshirts, t-shirts, coats and PE kits.

* P.E. DAY — Both classes have PE on Friday morning. Please leave your child's PE bag at school. **Please remember to remove all jewellery on this day or cover earrings with tape.**

Home Challenge:

- Please practise sharing out objects when you are playing at home. Another great way to practise sharing skills is using food! Get your child to help you dish out food for dinner so everyone has the same amount of potatoes, carrots, pasta...
- Sing phonics song. Your child could teach you the actions that we use in class.
<https://www.youtube.com/watch?v=DmRqONZn954>
- Encourage your child to write a sentence independently. Can they remember to use finger spaces, capital letters and full stops?
- Play a game of pairs or snap using your keyword rainbow flashcards that we send home.
- **Read** every day with your child for at least 15 min. They need to practise their sounding out and blending skills. Every week we will be sending 2 books home so please ensure your child has a book bag at school every Friday. Remember to make a record in their reading log so that we can give out stickers for reading at home.

