
28th September 2020

Year 6 SRE (Sex and Relationships Education)

Dear Parents,

We want to let you know that we will soon be teaching SRE lessons in Year 6. The first set of these lessons will actually be what should have been taught at the end of Year 5 while the children were on lockdown.

The purpose of these sessions is to provide knowledge and understanding of how the human body changes during puberty. If young people can start their transition into adulthood with good information and the confidence and knowledge to understand what is happening to them, they will hopefully grow into confident and healthy adults able to make positive choices. This can start with learning the basics about growing up and the sessions in school may reinforce what you are already doing at home.

The key aims of SRE (sex and relationships education) are to:

- 1 Provide accurate and relevant information about the physical and emotional changes that children and young people will experience through their formative years and into adulthood.
- 2 Establish an awareness of the importance of stable family life and relationships, including the responsibilities of parenthood and marriage.
- 3 Foster self-awareness and self-esteem.
- 4 Develop a sense of responsibility and respect for themselves and others.

Our SRE unit of work includes age appropriate resources and input from the class teacher. The staff aim to present the unit in a balanced and sensitive way, appropriate to the emotional maturity of the children.

Parents can withdraw their children from all or part of sex education that does not form part of the statutory National Curriculum. If you wish to withdraw your child from all or part of the sex education programme, please speak or write to your child's class teacher before the programme starts. Class teachers will begin the programme next week.

Yours sincerely,

The Year Six Team