

3rd September 2026

Y5 SWIMMING

Dear Parents,

As part of their PE curriculum this year, Year 5 children will take part in a series of swimming lessons at Shirley Swimming Pool. Swimming is a statutory part of the National Curriculum, so all children are expected to attend.

The lessons are designed to cater for all abilities and will be differentiated to meet the needs of each child. Please do not worry if your child is a non-swimmer; they will be supported and taught at a pace that is appropriate for them, helping them to develop their confidence and swimming skills.

The lessons will take place on Tuesday afternoons, and each class will have 10 sessions in the following order:

Pumas: Sept 8th – Nov 17th

Jaguars: Nov 24th – Feb 9th

Please note that Pumas' 1st session is **next Tuesday (8th Sept)**.

We will walk to the pool (regardless of weather), setting off at 12.55pm and returning at the end of the school day. Obviously on rainy days, children need to wear a suitable waterproof jacket and on hot days, hats and sun cream are advisable.

For their session, children will need a swimming costume/trunks, a towel and goggles (optional) in a suitable bag. Please name everything as I'm sure you can appreciate; a class load of towels and costumes can easily get muddled! Goggles are available to purchase at the pool. If you would like to buy some for your child, you will need to send £5 in an envelope labelled with your child's name on the day of their 1st session.

Please do ask if you have any questions.

Yours sincerely,

Laura Phillips
Year 5/6 Phase Leader