

19th May 2026

Year 6 RSE (Relationships and Sex Education)

Dear Parents,

We want to let you know that we will soon be teaching RSE lessons in Year 6.

The purpose of these sessions is to provide knowledge and understanding **how babies are conceived and born.**

The key aims of RSE (relationships and sex education) are to:

- 1 Provide accurate and relevant information about the physical and emotional changes that children and young people will experience through their formative years and into adulthood.
- 2 Establish an awareness of the importance of stable family life and relationships, including the responsibilities of parenthood and marriage.
- 3 Foster self-awareness and self-esteem.
- 4 Develop a sense of responsibility and respect for themselves and others.

Our RSE unit of work includes age-appropriate resources and input from the class teacher. The staff aim to present the unit in a balanced and sensitive way, appropriate to the emotional maturity of the children.

Parents can withdraw their children from all or part of RSE which does not form part of the statutory National Curriculum. If you wish to withdraw your child from all or part of the education programme detailed above, please speak to your child's class teacher or e-mail the school before the programme starts. Class teachers will begin the programme next half term.

Yours sincerely,

The Year Six Team