

Year R Learning Journey

Week beginning 1st December

This week our topic will be 'Food'



We will be learning about different food and healthy eating. We will be writing shopping lists, making our own sandwiches, and writing about it. We also will be looking at healthy and unhealthy foods and learning how to stay healthy, happy, and fit.

In Maths, we will be learning about squares and rectangles—shapes that have four sides.

We also will be learning and practising lots of lines and songs for our Nativity!

Please remember:

* Christmas is nearly upon us! Our Christmas Wriggly Nativity performance will take place on **Monday 15th** December at 9.30 am and 2.00 pm. We would be very grateful if you could send in a costume in a named bag asap.

*To ensure that your child's book bag is in school every day with their reading book and reading log. Also, to take their lovely work home.

* As the weather is getting colder, please remember, that it is important to bring a coat to school every day as we are learning outside whatever the weather.

How you can help at home:

- Encourage your child to put their socks and shoes on themselves. Now we expect our children to dress and undress independently so it is important to practise this.

- Learn this song

[Brush your teeth | Early Years - Nursery Rhymes - YouTube](#)

and explore why do we need to brush our teeth [Why do We Brush Our Teeth? | Health for Kids | SciShow Kids - YouTube](#)

- Have a go at some cooking together



- Keep practising with your child daily their letter sounds and blending. Remember they now should try to sound it out and practise blending independently!
- Read with your child and talk about the books that you read.
- Play this counting game [Learn to Count up to 10 with Underwater Counting Maths Game](#)
- Have a go at these activities and remember to bring your home learning to school so we can all share and celebrate!