

## Gymnastic Workshop

Dear Parents/Carers,

Following our very successful gymnastics visits throughout the last academic year, we are pleased to share that each class will be attending two more workshops this year. These workshops will continue to be free of charge to all children through the use of our Sports Premium Funding.

Southampton Gymnastics Club will again be leading these sessions and will aim to further progress the gymnastics skills of our children from their sessions last year. This will include additional teaching from the trained team, use of their equipment such as springboards and trampettes, and will continue to link to the National Curriculum. Each workshop will be age appropriate for the year group attending.

The visit for **Year Six** will take place on **Tuesday 30<sup>th</sup> January 2024 – Dragons** and **Wednesday 31<sup>st</sup> January 2024 - Griffins**. We will be walking to the club so please ensure children are wearing appropriate footwear and coats and have a water bottle with them. School PE kit should be worn for the day.

Please fill in the permission slip below and send back by **Friday 26<sup>th</sup> January 2024**.

Yours sincerely,

Craig Wilson and Helen Rayner

PE Leads

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### Year Six Gymnastic Workshop

Child's Name: \_\_\_\_\_ Class: \_\_\_\_\_

I give permission for my child to attend the gymnastic workshop at Southampton Gymnastics Club on **Tuesday 30<sup>th</sup> January (Dragons) or Wednesday 31<sup>st</sup> January (Griffins)**. I understand that the children are walking to the club and that they need to wear PE kit and bring a water bottle.

Signed \_\_\_\_\_ (parent/carer)