

PSHE



Curriculum Booklet

PSHE Intent

At Tanners Brook, we believe the PSHE curriculum is important to develop the children's knowledge, skills and attributes they need to become a **well-rounded, happy and considerate member of their communities.**

We aim to provide strategies to help the children be **independent and responsible members of the school** as well as **developing their self-confidence and self-esteem.** This is to ensure the children have the skills to make **informed choices** regarding **personal and social issues**, including keeping themselves **safe and healthy.**

We aim for our pupils to:

- **Develop positive relationships** with others and learn strategies to **cope with difficult situations.**
- Know how to **keep themselves healthy**, both physically and mentally.
- Be confident to make decisions to ensure they are **staying safe within the wider world.**
- Understand the **physical and emotional changes** that occur as they grow.

It is vital that these skills are taught to the children of Tanners Brook to ensure they have the **strategies to cope** in the wider world as they move on through life.

Through providing the children with PSHE we aim for them to be able to **express and manage their feelings** appropriately, **socialise well** with others and **deal effectively with new challenges and situations.**

PSHE Implementation

PSHE at Tanners Brook Primary School is implemented using the Primary Programme Builder scheme from the PSHE Association. **Progression, skills, and knowledge** in the subject are outlined in our PSHE progression map which highlights the three main themes of PSHE. This guides teachers to which areas of PSHE need to be covered at various points in the year and ensures that skills progress and develop. We believe that **PSHE is a vital part of children's education** and therefore it is embedded both within weekly whole class lessons as well as throughout the whole school day including assemblies, playtimes, and other curriculum areas.

The three main themes covered across Tanners Brook include '**Living in the Wider World**', '**Health and Well-being**' and '**Relationships**' and within these areas we provide a **variety of opportunities for children to explore and develop their understanding**. Each time these themes are revisited the **prior knowledge is reactivated**, ensuring it is retained and built upon.

In addition, special events and themed days/weeks are carried out to **provide experiences for children** to explore topical issues e.g. **anti-bullying** and **current affairs**.

At Tanners Brook we **value the voice and opinions of our children** and therefore have regular meetings with our **school council reps** who are elected by their peers at the start of each academic year. This is to ensure we have a **clear view of how the children** feel about a range of topics and are able to have the **opportunity to voice** these.

Around our school we expect to see **children showing kindness** to others, **secure relationships** and the ability to be able to **deal with social situations** as they arise using a **range of strategies**.