

**Tanners Brook PSHE Provision Map 2024-25**

Health and Wellbeing	Relationships	Living in the Wider World
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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>EY</b>	<p>PSED: Goldens rules &amp; routines Responsibility Feelings – identify and moderate Building relationships</p>	<p>PSED: Expressing their feelings and considering the feelings of others Showing resilience and perseverance</p>	<p>PSED: Seeing themselves as a valuable individual Building constructive and respectful relationships</p>	<p>PSED: Show increasing independence (dressing) Understanding why we wash our hands Use of strategies taught to regulate feelings and be considerate of others.</p>	<p>PSED: Work and play cooperatively Set and work towards simple goals Control their immediate impulses when appropriate</p>	<p>PSED: Explain reasons for rules, know right/wrong, and behave accordingly Manage own basic hygiene and personal needs Understand importance of healthy food choices</p>
<b>1</b>	Who helps keep us safe?	What helps us stay healthy? <b>RSE – Underwear rule</b>	What can we do with money?	Who is special to us?	What is the same and different about us? <b>RSE – Body parts – which make us male and female?</b>	How can we look after each other and the world?
<b>2</b>	What makes a good friend?	What helps us stay safe? <b>RSE – When physical contact makes you unhappy</b>	What helps us grow and stay healthy?	What is bullying?	What jobs do people do?	How do we recognise our feelings?
<b>3</b>	How can we be a good friend?	What keeps us safe? <b>RSE – My body belongs to me – private parts should remain covered</b>	Why should we eat well and look after our teeth?	What makes a community?	Why should we keep active and sleep well?	How do we treat others with respect?
<b>4</b>	What strengths, skills and interests do we have?	How can we manage our feelings?	What are families like? <b>RSE – How to seek advice if a family relationship makes me unhappy</b>	How can drugs common to everyday life affect health?	How can we manage risk in different places?	How can our choices make a difference to others and the environment?
<b>5</b>	What makes up a person’s identity?	What decisions can people make with money?	How will we grow and change? <b>RSE - Puberty</b>	How can friends communicate safely? <b>RSE – How to respond if a friendship makes me uncomfortable</b>	How can we help in an accident or emergency?	What jobs would you like?
<b>6</b>	How can we keep healthy as we grow?		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow? <b>RSE – Conception and birth</b>	

