

PSHE



Curriculum Booklet

PSHE Intent

At Tanners Brook, we believe the PSHE curriculum is important to develop the children's knowledge, skills and attributes they need to become a **well-rounded, happy and considerate member of their communities**. Our aim is for every staff member and child to strive for the personal best to make our community proud and PSHE teaching and learning supports this.

We aim to provide strategies to help the children be **independent and responsible members of the school** as well as **developing their self-confidence and self-esteem**. This is to ensure the children have the skills to make **informed choices** regarding **personal and social issues**, including keeping themselves **safe and healthy**.

We aim for our pupils to:

- **Develop positive relationships** with others and learn strategies to **cope with difficult situations**.
- Know how to **keep themselves healthy**, both physically and mentally.
- Be confident to make decisions to ensure they are **staying safe within the wider world**.
- Understand the **physical and emotional changes** that occur as they grow.

It is vital that these skills are taught to the children of Tanners Brook to ensure they have the **strategies to cope** in the wider world as they move on through life. Through providing the children with PSHE lesson, we aim for them to be able to **express and manage their feelings** appropriately, **socialise well** with others and **deal effectively with new challenges and situations**.

PSHE Implementation

PSHE at Tanners Brook Primary School is implemented using the Primary Programme Builder scheme from the PSHE Association. **Progression, skills, and knowledge** in the subject are outlined in our PSHE progression map which highlights the three main themes of PSHE. This guides teachers to which areas of PSHE need to be covered at various points in the year and ensures that skills progress and develop. We believe that **PSHE is a vital part of children's education** and therefore it is embedded both within weekly whole class lessons as well as throughout the whole school day including assemblies, playtimes, and other curriculum areas.

The three main themes covered across Tanners Brook include '**Living in the Wider World**', '**Health and Well-being**' and '**Relationships**' and within these areas we provide a **variety of opportunities for children to explore and develop their understanding**. Each time these themes are revisited the **prior knowledge is reactivated**, ensuring it is retained and built upon.

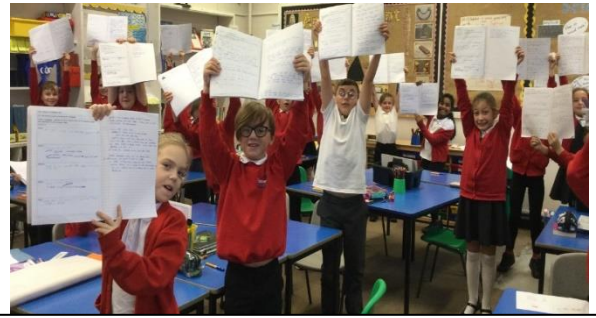
In addition, special events and themed days/weeks are carried out to **provide experiences for children** to explore topical issues e.g. **anti-bullying** and **current affairs**.

At Tanners Brook we **value the voice and opinions of our children** and therefore have regular meetings with our **school council reps** who are elected by their peers at the start of each academic year. This is to ensure we have a **clear view of how the children** feel about a range of topics and are able to have the **opportunity to voice** these. Our growing links with our community are also supported through School Council, who work with our Community Leader to help make Tanners Brook even better.

Around our school we expect to see **children showing kindness** to others, **secure relationships** and the ability to be able to **deal with social situations** as they arise using a **range of strategies**. In books, we will see a variety of outcomes which may include a range written or drawn responses, grouping and sorting tasks, pictures of group outcomes, etc.

PSHE Impact

The PSHE curriculum is designed to encourage the children of Tanners Brook to feel safe and secure, able to express their thoughts and opinions and feel confident with managing a range of situations. To



Year 4 feeling proud of their achievements in lessons

support this, we aim for our children to have gained a wealth of knowledge through a well-planned and varied curriculum which builds on prior knowledge as they move through the school.

By the time our children leave Tanners Brook they will:

- be able to approach a range of real-life situations and apply their skills and attributes to help navigate themselves through modern life
- understand how to keep minds and bodies healthy
- show respect across a range of communities making themselves and others proud
- understand the British values of Democracy through pupil voice and school council
- be able to develop positive, healthy relationships with their peers both now and in the future
- understand the physical aspects involved in RSE at an age-appropriate level by having respect for themselves and others



School council polling station

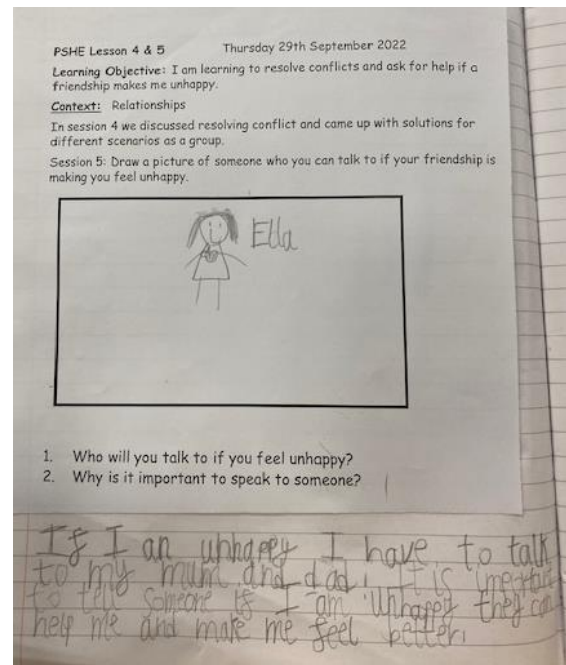
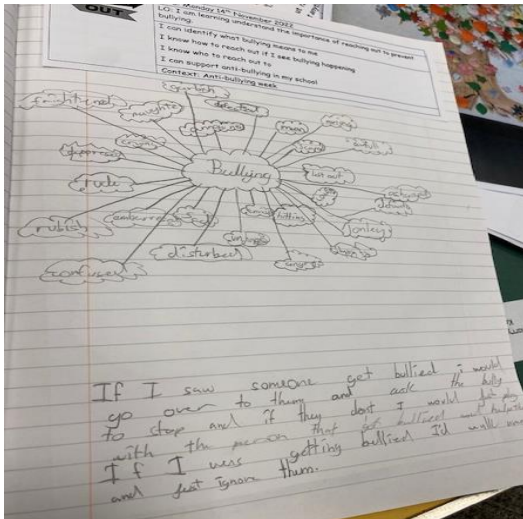


EYFS role playing shops and learning about everyday routines.

Autumn 1

Anti-bullying week

The children honoured anti-bullying by highlighting the reach out message.



Autumn 1

Year 2 - What makes a good friend?
When physical contact makes you unhappy. (RSE)

Autumn 1

Year 2 - What makes a good friend?

